

Geowalks trip to Arran 2020

Coronavirus Pandemic 2020 – Information for participants

During Geowalks activities, the aim is to keep everyone safe and to minimise the risk of transmission of Coronavirus. Everyone has a duty to minimise the risk to themselves and others. You can only attend this Geowalks activity if you have read and agree to follow these procedures, and accept the risks involved:

Before the activity

- Do not attend if you are experiencing any symptoms of Coronavirus, or if you, or anyone you have been in close contact with, has tested positive for Covid-19 in the last 14 days. The main symptoms are a new continuous cough, a high temperature or a loss of smell or taste.
- Bring hand sanitiser, tissues and a bag to dispose of any waste.

During the activity

- When meeting other participants, taxi drivers, Lochranza Centre staff and members of the public keep a safe distance (ideally 2 metres).
- Follow all procedures set out by the Lochranza Centre in verbal briefings and written instructions. This includes following designated routes around the Centre, procedures for meal times and shared spaces.
- If you start to develop any potential Coronavirus symptoms, isolate yourself from others as soon as possible and alert Angus Miller and Lochranza Centre staff.
- Avoid touching surfaces as much as possible, particularly any that may have been touched by other people and have not been sanitised. Do not share equipment such as water bottles. If you have to touch e.g. a gate or stile, use a glove, tissue or sleeve. Hold gates open for other group members if possible.
- In shared taxis, wear a face covering and avoid touching surfaces unnecessarily.
- Handle your own luggage and don't help other people with theirs.
- If you cough or sneeze, cover your mouth and nose with a tissue or your sleeve (not your hands). Avoid touching your eyes, nose and mouth.
- Dispose of used tissues immediately and wash or sanitise your hands afterwards.
- Face coverings are not necessary in an outdoor setting, but you can wear one if you prefer.
- Helping people avoid injury and giving necessary first aid gets priority over physical distancing. If you need assistance, it will be provided.

Afterwards

- Inform Angus Miller if you develop symptoms or test positive for Covid-19 within 14 days.

Acceptance of Risk

Angus Miller (trading as *Geowalks*) takes all reasonable steps to minimise the risks associated with this activity. However, you should be aware that certain inherent risks remain, which cannot be eliminated without destroying the character of the activity. Amongst other things, these risks can contribute to accidental injury or illness which could become very serious.

The level of risk associated with this activity is low, but may include:

1. unstable or slippery conditions underfoot, leading to slips, trips or falls.
2. physical effort, leading to tiredness or injury, particularly if you have existing medical conditions or injuries.
3. given the nature of the environment we will be in, circumstances can combine to make any incident more serious.
4. Exposure to the Covid-19 virus, through airborne transmission from other people, or by touching contaminated surfaces.

In attending a Geowalks activity, you:

- acknowledge that you have been briefed on the nature of the activity and the risks involved;
- recognise and accept the nature of these risks;
- confirm that you have declared any existing medical conditions or injuries that may affect your fitness to undertake the activity;
- confirm that you are not experiencing any symptoms of Coronavirus, and that you (and anyone you have been in close contact with) have not tested positive for Covid-19 in the last 14 days.
- agree to act in a responsible manner and not to compromise your safety or the safety of others.

Accepting this agreement in no way compromises your legal rights, nor does it release Angus Miller from his obligations towards your safety. It is merely to make sure you are aware of the risks involved and your responsibility for your own actions.



Angus Miller, Geowalks

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